

D DOCTOR
E N U S A

**Manual de introducción
curso grabado Doctor en USA
USMLE - STEP 1**



USMLE - STEP 1

CONTENIDO:

1. Notas importantes.
2. Recomendaciones de estudio, horarios y esquema semanal.
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6. Términos de uso de la plataforma **Doctor en USA**
- Z&C Business Family Company LLC.

1. NOTAS IMPORTANTES

1. Nota importante: cada doctor/a-estudiante debe de entender que este proceso requiere autodisciplina y constancia, no es el curso quien va a hacer que pases el examen. el curso es una excelente herramienta, que te guiara y te hara mucho mas sencillo este proceso, pero si no existe compromiso, no existira ninguna herramienta de apoyo que pueda servir. por lo tanto el curso no garantiza que cada estudiante apruebe el usmle step 1 o step 2ck, ya que en el 100% depende de ti y de tu dedicacion, constancia y esfuerzo. de igual manera, doctor en usa o sus integrantes o representantes legales, "no" afirman o garantizan ningun tipo de score en cada estudiante.

2. Nota importante: debes de tener acceso con suscripcion minimo de 365 dias a el uworld (recomendado) o algun otro tipo de Q-bank.

3. Nota importante: importante que puedas cumplir exactamente todas las indicaciones impartidas.

4. Nota importante: la reproduccion, copia, difusion, venta o almacenamiento de cualquiera de los productos o servicios de doctor en usa, generaria la cancelacion inmediata del servicio y/o curso sin derecho a devolucion de dinero.

5. Nota importante: si se realizo algun acuerdo de pagos, el atraso en los acuerdos pactados en el plan de pago mas alla de 5 dias, generaria de inmediato y sin previo aviso la suspension del servicio o cualquiera de los productos ofrecidos o pactados con el doctor/a-estudiante, hasta no estar ajustados los pagos, acorde a las fechas acordadas.

6. Nota importante: en caso de que el doctor/a-estudiante decida retirarse del curso o de alguno de los servicios ofrecidos por doctor en usa, el doctor/a-estudiante esta en la obligacion de cancelar la

totalidad del costo pactado o acordado, además lo que ya se ha pagado o cancelado no tiene reembolso (no hay devolución de dinero).

7. Nota importante: recomendamos fuertemente evitar el exceso de profundización en los contenidos, ya que esto disminuye el score en el examen final. enfocarse más al desarrollo de los Q-banks.

8. Nota importante: no seguimos ningún material específico externo a doctor en usa. pero si recomendamos a cada estudiante, apoyarse en materiales complementarios, recomendados en el curso (first aid y uworld) **no tenemos ningún convenio, afiliación o partnership con estas entidades**

9. Nota importante: cada estudiante debe de complementar el estudio, basado en los materiales académicos recomendados (uworld, fa).

10. Nota importante: al terminar el curso, doctor en usa no tiene ningún tipo de vínculo con el estudiante.

11. Nota importante: cualquier intención del estudiante, continuar, renovar, o reiniciar, con algún servicio de doctor en usa, posterior a el término del curso, el estudiante deberá de pagar el valor total correspondiente al servicio

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2. RECOMENDACIONES DE ESTUDIO, HORARIOS Y ESQUEMA SEMANAL

A continuación sugerimos como deberías de estudiar y planificar tus horarios, para obtener un rendimiento superior en el USMLE STEP 1.

Tiempo de estudio que deberías dedicar diariamente: 8 a 10 horas, distribuidos de la siguiente manera teniendo descanso todos los Domingos:

50% del tiempo: plataforma Doctor en USA.

50% del tiempo: desarrollo de bancos de preguntas.

Ejemplo:

- Mínimo 4 horas diarias de estudio en la plataforma Doctor en USA.
- Mínimo 4 horas diarias de estudio en bancos de pregunta.

Hora	Lunes	Martes	Miercoles	Jueves	Viernes	Sabado
8am a 12m	Doctor en USA	Doctor en USA	Doctor en USA	Doctor en USA	Doctor en USA	Doctor en USA
12m a 1pm	Almuerzo	Almuerzo	Almuerzo	Almuerzo	Almuerzo	Almuerzo
1pm a 5pm	Q-bank	Q-bank	Q-bank	Q-bank	Q-bank	Q-bank
5pm a 6pm	Descanso	Descanso	Descanso	Descanso	Descanso	Descanso
6pm a 8pm	Q-bank	Q-bank	Q-bank	Q-bank	Q-bank	Q-bank

• Todos los domingos se debe descansar. Q-bank = banco de preguntas

- Antes de las 8am (de lunes a sábado) utilizas el tiempo para desayunar, ducharse y hacer un poco de ejercicio.
- Después de las 8pm (de lunes a sábado) relájate, pasa tiempo con tu familia y en tus actividades espirituales y de esparcimiento.

- Nunca te acuestes más tarde de las 10 p.m.
- Alimentate muy sanamente.
- Mantén un estilo de vida muy sano (espiritual, mental, social y alimenticio).
- Siempre descansa de toda actividad académica los días Domingos. Dedicar este día a tu familia, actividades espirituales entre otras.

3. PROGRAMACIÓN SEMANAL POR TEMAS

A continuación sugerimos como deberías de planificar la distribución de cada módulo que será evaluado, para obtener un rendimiento superior en el USMLE STEP 1.

Semana 1: fisiología cardiovascular.

Semana 2: fisiología endocrina.

Semana 3: fisiología gastrointestinal.

Semana 4: fisiología hematológica.

Semana 5: fisiología musculoesquelética.

Semana 6: fisiología neurológica.

Semana 7: fisiología renal.

Semana 8: fisiología reproductiva.

Semana 9: fisiología respiratoria.

Semana 10 y 11: patología cardiovascular.

Semana 12 y 13: patología endocrina.

Semana 14 y 15: patología gastrointestinal.

Semana 16 y 17: patología hemato-oncológica.

Semana 18 y 19: patología musculoesquelética y de piel.

Semana 20 y 21: patología neurológica.

Semana 22 y 23: patología renal.

Semana 24 y 25: patología reproductiva.

Semana 26 y 27: patología respiratoria.

Semana 28: psiquiatría.

Semana 29: bioquímica molecular.

Semana 30: bioquímica celular.

Semana 31: metabolismo y nutrición.

Semana 32: genética.

Semana 33: embrio anatomía.

Semana 34: inmunología.

Semana 35: bacteriología.

Semana 36: virología.

Semana 37: micología y parasitología.

Semana 38, 39 y 40: farmacología.

Semana 41: bioestadística.

Semana 42: epidemiología.

Semana 43: ética.

	Mes 1	Mes 2	Mes 3	Mes 4	Mes 5
Semana 1	Fisio. Cardio.	Fisio. Musc/esq.	Patolog. Cardio.	Patolog. Gastro.	Patolog. Mus/esq
Semana 2	Fisio. Endoc.	Fisio. Neuro.	Patolog. Cardio	Patolog. Gastro.	Patolog. Neuro.
Semana 3	Fisio. Gastro.	Fisio. Renal.	Patolog. Endoc.	Patolog. Hemato	Patolog. Neuro.
Semana 4	Fisio. Hemato.	Fisio. Reprod.	Patolog. Endoc.	Patolog. Hemato	Patolog. Renal.
Semana 5 – 1/2	Fisio. Musc/esq.	Fisio. Respirat.	Patolog. Gastro.	Patolog. Mus/esq	Patolog. Renal.

**Semana 5 – 1/2: se refiere a la mitad de la semana 5, ya que cada mes cuenta con un promedio de 4 semanas y media.*

	Mes 6	Mes 7	Mes 8	Mes 9	Mes 10
Semana 1	Patolog. Repro.	Psiquiatría	Genética.	Parasitología	Bioestadística
Semana 2	Patolog. Repro.	Bioq. molecular	Inmunología	Farmacología	Epidemiología
Semana 3	Patolog. Resp.	Bioq. celular	Bacteriología	Farmacología	Ética
Semana 4	Patolog. Resp.	Metab. y Nutric.	Virología	Farmacología	
Semana 5 – 1/2	Psiquiatría	Genética.	Micología	Bioestadística	

**Semana 5 – 1/2: se refiere a la mitad de la semana 5, ya que cada mes cuenta con un promedio de 4 semanas y media.*

En promedio cada mes cuenta con 4.5 semanas. Si sigues la recomendación anterior en donde planificas semana a semana cada tema que vas evaluando (ajustando diariamente 50% del tiempo en dedicación a la plataforma **Doctor en USA** y 50% al desarrollo de bancos de preguntas), podrías tener un tiempo de preparación aproximado de 10 meses.

Debido a que recomendamos tomar el curso de **Doctor en USA** con acceso de 12 meses, siguiendo los pasos anteriores, tendrías aproximadamente 2 meses, para repasar nuevamente conceptos en la plataforma **Doctor en USA**, lo cual puedes hacerlo paralelamente a la segunda vuelta del banco de preguntas que te encuentres desarrollando. (Recuerda que debes de realizar al menos 2 vueltas al banco de preguntas y lograr un promedio general en esta herramienta al menos del 85%).

4. RECOMENDACIONES FINALES

SOLO APLICAR ESTAS RECOMENDACIONES AL TERMINAR EL CURSO

- 1. U WORLD** debe de estar en promedio general acumulado **MAYOR AL 85%**, con mínimo 2 vueltas (si es posible una tercera vuelta, ideal). La última vuelta debe de estar en un promedio general mayor a 85%.
- 2.** Después de lograr en la última vuelta del U – World más del 85%, revisar todas las preguntas que hayan quedado malas y realizarles complemento a las notas personales, basado en estas preguntas malas.
- 3.** Leer todas las notas personales.

4. Sólo continuar a este siguiente paso, si los pasos 1 – 2 – 3 están finalizados a la perfección. Hacer los últimos 4 NBME (como mínimo los últimos 4, si es posible hacer más).

Anotar en un papel las fórmulas cardíacas, renales, fórmulas de bioestadística y flujos de taxonomía de bacterias gram positivas y gram negativas. Este papel lo puedes usar durante la realización de los NBME.

Usa un tiempo máximo de una hora por cada bloque de preguntas. Realiza ciclos de 2 bloques seguidos con descanso de 10 minutos.

5. Recuerda sólo puedes hacer este paso 5 si has completado a la perfección los pasos 1 – 2 – 3 – 4. Si no has completado los pasos 1 – 2 – 3 – 4, realízalos cuantas veces sea necesario para poder pasar al paso 5. Si por alguna razón has realizado mas de 3 vueltas al uworld y no logras puntajes superiores al 85%, realiza un banco de preguntas alterno de otra entidad.

Realizar el paso 5 sólo si el paso 4 se encuentra por encima del 85% en calificación porcentual (NBME mayores en puntaje porcentual a 85%). Si has logrado una calificación por encima del 85% en los NBME (paso 4), realiza de nuevo el último NBME disponible en el sistema del NATIONAL BOARD MEDICAL OF EXAMINATION.

6. Realizar el paso 6 sólo si has cumplido con exactitud los pasos 1 – 2 – 3 – 4 – 5.

Realiza para el paso 6, el primer SELF-ASSESSMENT DEL UWORLD / UWSA-1, al terminar realiza una revisión exhaustiva analizando cada pregunta tanto buena como mala.

7. Realiza el paso 7 sólo si los pasos del 1 al 5 están cumplidos y si el paso 6 en el self-assesment del uworld numero 1 / uwsa-1 está en una calificación equivalente superior al 85%. De lo contrario repite los pasos 1 al 6 cuantas veces sea necesario.

En caso de tener el paso 6, SELF-ASSESSMENT DEL UWORLD

NUMERO 1 / UWSA-1 **MAYOR A 85%**, realiza el paso 7 haciendo el SELF-ASSESSMENT DEL UWORLD NUMERO 2 / **UWSA-2**.

8. Realizar el paso 8 sólo si has cumplido todo hasta el paso 7 y y has obtenido una calificación superior al 85% en el uwsa-2, de lo contrario repite todos los pasos anteriores cuantas veces sea necesario hasta lograr cumplirlos a la perfección. En caso de tener todos los pasos anteriores cumplidos, procede a programar la fecha de tu examen **no más allá de 1 mes**.

9. Te recomendamos fuertemente que programes una sección de prueba que tiene un valor aproximado de \$90 usd, en el centro prometric en donde vas a realizar tu examinación del step 1, ya que esto te ayudará a sentirte más familiar con el sitio y más confortable el día de tu examen real.

10. Dos (2) semanas antes del examen memoriza todas las **fórmulas cardiacas, renales, diagrama de flujo de la taxonomía de gram positivos y gram negativos, fórmulas estadísticas, entre otros**. El día de tu examen se te va a entregar dos láminas de acetato plástico para que tomes tus notas durante el examen, nuestra recomendación es que anotes inmediatamente todas estas fórmulas que has memorizado en esa lámina de acetato plástico inmediatamente se te entreguen.

11. Recomendamos una semana antes de tu examen no estudiar, relajarte y tomar un espacio de esparcimiento.

12. El día de tu examen que se realizará en un centro prometric, vas a ser revisado con dispositivos de detección de armas y metales, si usas gafas se te va a pedir que te las quites para ser revisadas, te van a pedir que muestres los bolsillos de tu pantalón y camisa, se te va a revisar por delante y por detrás y firmaran un consentimiento en el

cual dices que tú realmente eres quien te presentas.

Llevar ese día por favor, pasaporte, licencia de conducir o identificación que muestre tu fecha de nacimiento y foto, además del permiso de presentación del examen. Recomendamos fuertemente llevar pasaporte y otro documento adicional.

Te sentarás en un computador en donde previamente te piden evaluar el funcionamiento de audífonos, pantalla, sonido y demás situaciones. Relájate, déjate llevar por todo lo que aprendiste y por tu intuición, estudiaste fuertemente por aproximadamente un año (o más) y vas a lograrlo.

6. PUNTOS A MEMORIZAR ANTES DEL EXAMEN

Fórmulas para cardiología

- **Cardiac output** = stroke volume **x** frecuencia cardiaca.
- **Presion arterial media** = cardiac output **x** resistencia periferica total.
- **Stroke volume** = volumen al final de diastole(EDV) – volume al final de la systole(ESV)
- **Fraccion de eyeccion** = (EDV – ESV) / EDV

Fórmulas renales

- **TFG (GFR)** = ((140 – edad) **x** kilogramos) / 72 **x** creatinina
* **multiplica el resultado por 0.85 si es mujer**
- **TFG (GFR)** = inulina en orina **x** (tasa de flujo urinario/inulina en plasma)
- **ACALARAMIENTO RENAL**= (concentración en orina **x** tasa de flujo urinario) / concentración en plasma
- **FLUJO EFECTIVO DE PLASMA RENAL** = concent en orina de PAH **x** (tasa de flujo urinario / concent en plasma de PAH)
*PAH es ácido paraaminohipurico

- **FRACCION FILTRADA** = tasa de filtración glomerular / flujo de plasma renal
- **FeNa** = sodio excretado / sodio filtrado

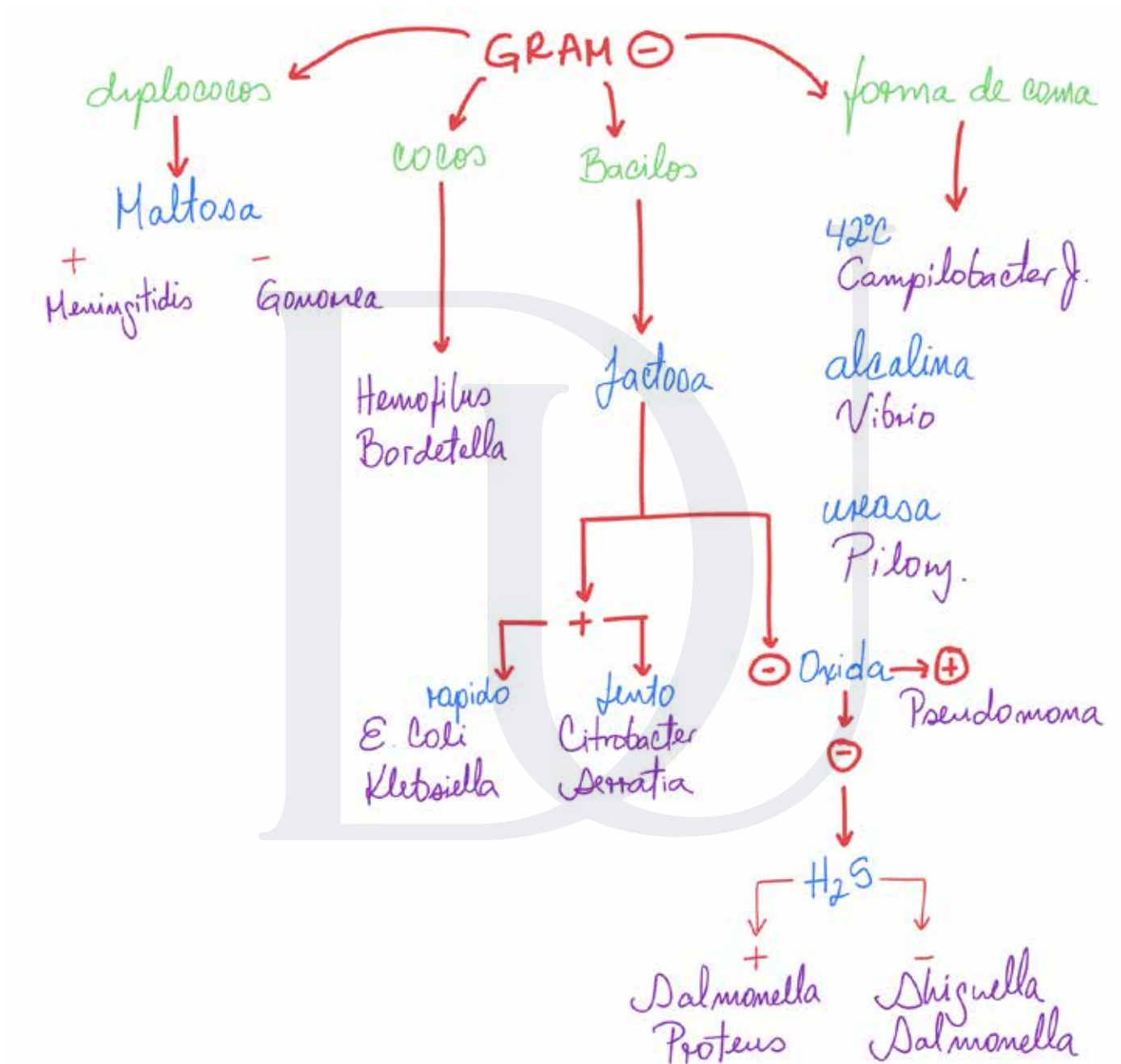
Fórmulas de farmacología

- **VOLUMEN DE DISTRIBUCIÓN** = cantidad del fármaco en el cuerpo / concentración del fármaco en plasma
- **ACLARAMIENTO** = tasa de eliminación del fármaco / concentración en plasma del fármaco
- **ACLARAMIENTO** = volumen de distribución **x** una constante
* la constante la proporciona el examen
- **VIDA MEDIA** = (0.7 x volumen de distribución) / aclaramiento
- **ÍNDICE TERAPÉUTICO** = dosis tóxica mediana / dosis efectiva mediana

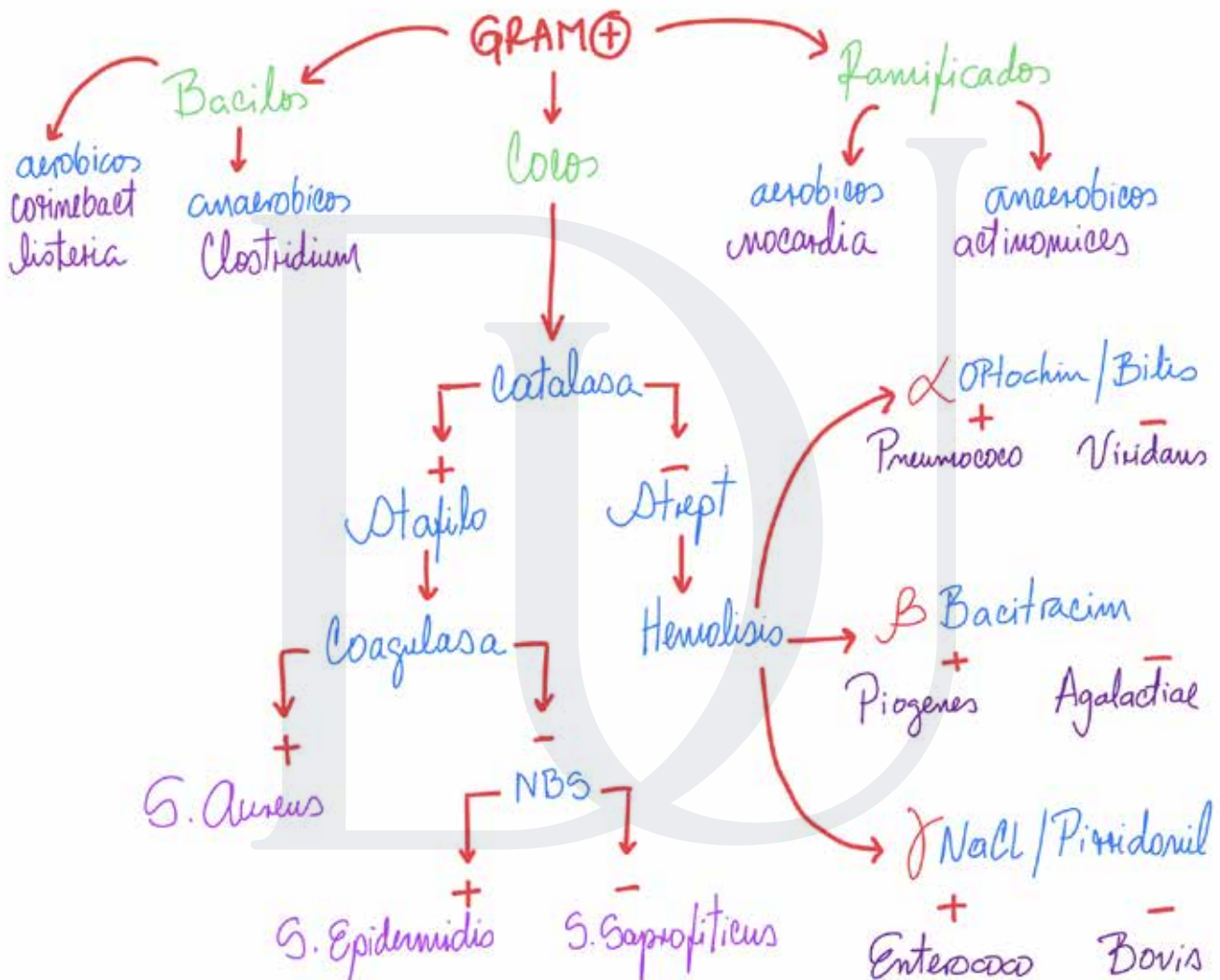
Fórmulas de estadística

- **SENSIBILIDAD** = $A / A + C$
- **ESPECIFICIDAD** = $D / D + B$
- **VPP o PPV** = $A / A + B$
- **VPN o NPV** = $D / D + C$
- **RIESGO RELATIVO (RR)** = $(A/A+B) / (C/C+D)$
- **ODDS RATIO (OR)** = $(A/C) / (B/D)$
- **RIESGO ATRIBUIBLE (AR)** = $(A/A+B) - (C/C+D)$
- **REDUCCIÓN DEL RIESGO ABSOLUTO (ARR)** = $(C/C+D) - (A/A+B)$
- **REDUCCIÓN DEL RIESGO RELATIVO (RRR)** = $1 - RR$
- **NNT** = $1 / ARR$
- **NNH** = $1 / AR$
- **1 DESVIACIÓN ESTÁNDAR** = 68%
- **2 DESVIACIONES ESTÁNDAR** = 95%
- **3 DESVIACIONES ESTÁNDAR** = 99.7%

Taxonomía de gram negativos



Taxonomía de gram positiva



7. TÉRMINOS DE USO

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assent to and performance of your obligations under this TOU does not constitute a breach of or conflict with any other agreement or arrangement by which you are bound, or any applicable laws, regulations or rules; (III) this TOU constitutes legal, valid and binding obligations on you, enforceable in accordance with its terms and conditions; (IV) you will not infringe the patent, copyright, trademark, trade secret, right of publicity or other intellectual property or proprietary right of any third party in your use of the Site or the Services; and (v) you will comply with all applicable laws, rules and regulations in your use of the Services and the Site, including this TOU.

13. INDEMNIFICATION

You agree to defend, indemnify, and hold DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC and its employees, representatives, agents, attorneys, affiliates, directors, officers, and members ("Indemnified Parties") harmless from any damage, loss, cost or expense (including without limitation, attorneys' fees and costs) incurred in connection with any third party claim, demand or action ("Claim") brought or asserted against any of the Indemnified Parties: (i) alleging facts or circumstances that would constitute a breach of any provision of this TOU by you, including violations of law or allegations of violation of privacy, publicity intellectual property rights related to content you submit, (ii) arising from, related to, or connected with your use of the Site or the Services, (iii) any other party's access and use of the Services with your unique username, password or other appropriate security code (if such codes are required to access Services in the future). If you are obligated to provide indemnification pursuant to this provision, DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC may, in its sole and absolute discretion, control the disposition of any Claim at your sole cost and expense. Without limiting the foregoing, you may not settle, compromise or in any other manner dispose of any Claim without the consent of DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC.

14. DISCLAIMERS, EXCLUSIONS AND LIMITATIONS

Disclaimer of warranties. DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC provides the web site, digital content, software and services on an “as is” and “as available” basis. DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC does not represent or warrant that the web site, digital content, software or services or their use (I) will be uninterrupted or secure, (II) will be free of defects, inaccuracies or errors or otherwise current or complete, (III) will meet your requirements, (IV) will operate in the configuration or with other hardware or software you use, (V) that any defects or errors will be corrected or (VI) or that this web site and content are free of viruses or other harmful components. DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC makes no warranties other than those made expressly in this tou, and hereby disclaims any and all implied warranties, including without limitation, warranties of fitness for a particular purpose, merchantability and non-infringement. any content downloaded or otherwise obtained through the use of the services or web site is downloaded at your own risk and you will be solely responsible for any damage to your computer system or loss of data that results from such download. DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC does not warrant, endorse, guarantee, or assume responsibility for any product or service advertised or offered by a third party through the web site or any hyperlinked website or service, or featured in any banner or other advertising, and DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC will not be a party to or in any way monitor any transaction between you and third-party providers of products or services.

Exclusion of damages. To the maximum extent permitted by applicable law, in no event shall DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC, its affiliates, directors, associates, partners, agents, employees or representatives be liable for any indirect, exemplary,

punitive, special, incidental or consequential damages whatsoever (including but not limited to damages arising from breach of contract, warranty, tort or strict liability for loss of profits, loss of data, loss of goodwill, for business interruption, for personal injury, for loss of privacy, for failure to meet any duty including of good faith or of reasonable care, for negligence, and for any other pecuniary or other loss whatsoever), arising out of or in any way related to the use of or inability to use the web site or services, regardless of the cause of action on which they are based, even if DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC or such other PERSONS OR ENTITIES have been advised of the possibility of such damages.

Limitation of liability. In no event will the liability of DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC in connection with this tou, the web site or services exceed \$1,000.

Additional rights. You may have other rights which may vary from state to state or in other jurisdictions. because some states or jurisdictions may not allow limitations on the duration of implied warranties, or limitations on or exclusions of consequential or incidental damages, some of the above limitations may not apply to a user depending on her, his, or its state of residence.

International use. The Site and Services are controlled and operated from facilities in the **United States**. DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC makes no representations that the Site and Services are appropriate or available for use in other locations. Those who access or use the Site and Services from other jurisdictions do so at their own volition and are entirely responsible for compliance with local law, including but not limited to export and import regulations.

DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC will not be liable for failing to perform under this TOU by the occurrence of any event beyond its reasonable control, including, without limitation, a labor disturbance, an Internet outage or interruption of service, a communications outage, failure by a service provider to **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** to perform, fire, terrorism, natural disaster or war.

15. DISPUTES

In light of **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC's** substantial contacts with the State of TEXAS, and your and our interests in ensuring that disputes regarding the interpretation, validity and enforceability of the TOU are resolved on a uniform basis, and **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC's** execution of, and the making of, the TOU in TEXAS, you agree that: (I) any claim, cause of action or dispute you have with **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** and any litigation involving any noncompliance with or breach of the TOU, or regarding the interpretation, validity and/or enforceability of the TOU, must be filed and exclusively conducted in the state or federal courts in US district court at El Paso TEXAS; and (II) the Agreement shall be interpreted in accordance with and governed by the laws of the State of TEXAS, without regard for any conflict of law principles. You agree to submit to the personal jurisdiction of the state or federal courts in El Paso TEXAS, for these purposes. Any claim or dispute between you and Company that arises in whole or in part from the Service shall be decided exclusively by a court of competent jurisdiction located in El Paso TEXAS, unless submitted to arbitration as set forth in the following paragraph. For any claim (excluding claims for violations of confidentiality, intellectual property, rights of publicity and privacy, or otherwise claims for injunctive or other equitable relief) under this TOU where the total amount of the award sought is less than \$5,000, the party requesting relief may elect to resolve the dispute through binding

non-appearance-based arbitration. The party electing such arbitration shall initiate the arbitration through an established alternative dispute resolution ("ADR") provider mutually agreed upon by the parties. The ADR provider and the parties must comply with the following rules: (a) the arbitration shall be conducted by telephone, online and/or be solely based on written submissions, as selected by the party initiating the arbitration; (b) the arbitration shall not involve any personal appearance by the parties or witnesses unless otherwise mutually agreed by the parties; and (c) any judgment on the award rendered by the arbitrator may be entered in any court of competent jurisdiction.

16. LIMITATION ON ACTIONS

You acknowledge and agree that, regardless of any statute or law to the contrary, any claim or cause of action you may have arising out of, relating to, or connected with your use of the Site or Services, must be filed within one calendar year after such claim or cause of action arises, or forever be barred.

17. CHANGES TO THE SITE OR SERVICE

DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC may, in its sole discretion, change, modify, suspend, make improvements to or discontinue any aspect of the Site or the Services, temporarily or permanently, at any time without notice to you, and **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** will not be liable for doing so. This Site could include inaccuracies or typographical errors.

18. TERMINATION

DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC will have the right in its sole discretion, for any reason or no reason at all, without notice or liability to you or any third party, to terminate your access to the Site or Services, with or without cause. Such reasons may include, without limitation: (I) your breach of any part of this TOU, or (II) your violation of the rights of any third party.

19. NOTICES AND ELECTRONIC COMMUNICATIONS

Except as otherwise specifically provided in this TOU, all notices required by or permitted to be given under this TOU will be in writing and delivered to the other party by any of the following methods: (I) hand delivery, (II) certified U.S. mail, return receipt requested, postage prepaid, (III) overnight courier, or (IV) electronic mail. If you give notice to **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC**, you must use the address shown on the Site. If **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** provides notice to you, **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** must use the contact information provided by you to **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC**. All notices will be deemed received as follows: (I) if by hand-delivery, on the date of delivery, (II) if delivery by U.S. Mail, on the date of receipt appearing on a return receipt card, (III) if by overnight courier, on the date receipt is confirmed by such courier service, or (IV) if by electronic mail, 24 hours after the message was sent, if no "system error" or other notice of non-delivery is generated. Each party agrees that any notice that it receives from the other party electronically satisfies any legal requirement that such communications be in writing.

20. MISCELLANEOUS TERMS

Software made available on this Site may be subject to United States export control laws, which state that certain software cannot be downloaded from this Site to certain countries or to anyone on the U.S. Treasury Department's list of Specially Designated Nationals or the U.S. Commerce Department's Table of Deny Orders. By downloading or using any software made available on this Site, you represent and warrant that you are not located in, under the control of, or a national, or resident of any such country or on any such list. This TOU contains the entire understanding of you and **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** regarding the use of the Site, and supersedes all prior and contemporaneous agreements and

understandings between you and **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** regarding its subject matter. This TOU will be binding upon each party hereto and its successors and permitted assigns. This TOU and all of your rights and obligations under them (including, without limitation, your membership, if any) will not be assignable or transferable by you without the prior written consent of **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC**. No failure or delay by a party in exercising any right, power or privilege under this TOU will operate as a waiver thereof, nor will any single or partial exercise of any right, power or privilege preclude any other or further exercise thereof or the exercise of any other right, power, or privilege under this TOU. You and **DOCTOR EN USA AND Z&C BUSINESS FAMILY COMPANY LLC** are independent contractors, and no agency, partnership, joint venture, employee-employer relationship is intended or created by this TOU. The invalidity or unenforceability of any provision of this TOU will not affect the validity or enforceability of any other provision of this TOU, all of which will remain in full force and effect.

Ejercer la medicina en USA
¡sí es posible!

